



Multiple System Atrophy Trust

51 St Olav's Court
Lower Road
London
SE16 2XB


**Murky Mires
Stormy Seas
Alpine Ascents
Of
MSA**

**Katie Rigg MSA Nurse
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www.msatrust.org.uk
@msatrust
0333 323 4591

MSA – MURKY MIRES

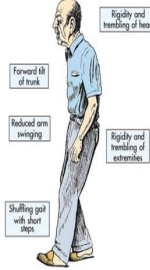



THE GRIMPEN MIRE

- RARE
- POOR PROFESSIONAL AND PUBLIC VALIDATION
- ISOLATED
- INDIVIDUAL VARIABILITY
- CAUSES


MSA – MURKY MIRES

- DIAGNOSIS
- DURATION
- DIFFERENTIAL
- UNCERTAINTY -PME
- TREATMENT
 - TRIAL AND ERROR
 - SYMPTOM MANAGEMENT

AUTONOMIC DYSFUNCTION

**LABILE BP
SLEEP RESPIRATORY
SEX. DYSF.
BLADDER BOWEL
SALIVA SWALLOW
TEMPERATURE**




MSA – STORMY SEAS

- TREATMENT
- PARKINSONISM – rigidity, slowness, spasm tremor
 - PD MEDS
 - THERAPY STRATEGIES
- CEREBELLAR – Speech, swallow, gait, balance, tremor, ophthalmic
 - THERAPIST INPUT
 - NO MEDS



MSA – STORMY SEAS



- TREATMENT
- AUTONOMIC DIFFICULT
- PERSON CENTRED
- HOLISTIC
- IMPECCABLE ASSESSMENT
- MONITORING
- PRACTICAL V PHARMACY
- MULTIFACTORIAL = MDT

