16th Kaleidoscope Palliative Care Conference

“Weaving the Strands of Palliative Care”

A 2-day International Multidisciplinary Conference

Wednesday 30th & Thursday 31st May 2018

Croke Park Conference Centre
Dublin, Ireland
Croke Park Conference Centre offers modern, versatile facilities. Kaleidoscope will take place in the Hogan Mezzanine.

Free car parking is available in the Davin Car Park located off North Circular Road and accessed via St Margaret’s Avenue.

For information about travelling to Croke Park, please see: https://crokepark.ie/meetings-events/attending.

The Croke Park Hotel is offering our delegates room rates of €189 single occupancy and €219 twin/double occupancy inclusive of full Irish breakfast, complimentary car parking and complimentary Wi-Fi.

The code for the book direct block is: BOOK290518 and the rooms can be booked by directly calling the Reservations team on +353 1 871 4550 or email crokepark@doylecollection.com and quoting the book direct code.
Wednesday 30th May 2018  Day 1 of Conference  Hogan Mezzanine

09:00  Registration/Tea/Coffee

09:30  Welcome

09:45  The ‘Warp and the Weft’ of Spirituality in Palliative Care  Prof Wilfred McSherry

The provision of high quality palliative and end of life care involves all those engaged in the patient’s journey and personal story being aware of the importance of the different strands physical, psychological, social and spiritual and the role they play in care. All these strands contribute to the mystery and magic of what it is to be a person and they have a significant impact upon the patient’s sense of self and worth. Interestingly, spirituality is often presented as a discrete part in models of palliative care but in reality, it permeates every dimension of the person in a unique and personal way. To neglect to engage with this dimension could potentially lead to violation of the patient’s dignity and sense of identity compromising the integrity of the caring, therapeutic relationship. This presentation will revisit contemporary definitions of spirituality to untangle, demystify the meaning delineating the ‘Warp and Weft’ of this dimension so that all providing holistic person-centred care can recognize spirituality in the fabric of people’s lives and weave this throughout the tapestry of palliative and end of life care.

10:00  Coffee Break  Opportunity to visit Poster Exhibition and Sponsors’ Stands

11:00  Strand A – Progressive Neurological Conditions

Call for Papers Presenters:
  • Yvonne O’Meara, Sen Med SW, Our Lady’s Hospice and Care Services, Dublin, “It’s Eating Me Up from the Inside”: Motor Neurone Disease The Lived Experience
  • Katie Rigg, Nurse Specialist, Multiple System Atrophy Trust, London, The Murky Mires, Stormy Seas and Alpine Ascents of MSA
  • Dr Geraldine Foley, Assistant Professor, Trinity College, Dublin, How do patients and family in MND interrelate in the decision-making process? Reconfiguring the supportive relationship between palliative patients and their family caregivers

Strand B – Bereavement and Loss

Call for Papers Presenters:
  • Alileen Mulvhill, Social Worker, Mayo Roscommon Palliative Care, Development of bereavement support guidelines for specialist palliative care social workers in Ireland
  • Irene Murphy, Director of Bereavement and Family Support Services, Marymount University Hospital, Developing guidance for bereavement care in palliative care services in Europe
  • Orla Keegan, Head of Education and Research, Irish Hospice Foundation, Dublin, Changing the face of bereavement care – a standards framework for supporting bereaved families
  • Dr Tina McGrath, Consultant Occupational Therapist, Peregrine OT Consultancy, Green and dying: Exploring bereavement and loss as lived responses to abbreviated time

Strand C – Palliative Care for the Person with Dementia

Call for Papers Presenters:
  • Dr Clodagh Power, Mercer’s Institute for Successful Ageing, Dublin, End of life care planning and information handover amongst dementia patients awaiting long term care
  • Martina Corrigan, MA in Leadership and Pastoral Care, Contemplating dementia care: Weaving threads of pastoral care on the loom of palliative care

13:00  Lunch

14:00  Strand A – Progressive Neurological Conditions

14:00  Strand B – Bereavement and Loss

14:00  Strand C – Palliative Care for the Person with Dementia

15:00  Coffee Break  Opportunity to visit Poster Exhibition and Sponsors’ Stands

15:15  Summary of 3 Strands by Chairpersons

15:45  Weaving the Strands  Prof Phil Larkin

16:30  Closing
09:00 | Registration/Tea/Coffee
09:30 | Welcome
09:45 | **A Celtic Journey of the Heart: Turas thar An Tairseach ... Crossing the Threshold Home**  
Deirdre Ni Chinneide

In the Celtic tradition, threshold times were seen as a significant opportunity to let go of the past and to step towards the new with great attention and presence to detail. Birth and Death, our entry and exit from the world, were marked as important doorways and ritual supported the journeyer and loved ones at these life changing times. The spirituality of Dying invites us to stop and reflect on ways to be fully present to the reality and gift of this passage. By exploring the spirituality of life and death from a Celtic tradition, we become aware of the gift and challenge of this time for ourselves and for those in our care, helping us to be fully present to the most natural reality of the seasons and journey of the heart.

10:30 | Coffee Break  
**Opportunity to visit Poster Exhibition and Sponsors’ Stands**

11:00 | **Strand D – Advanced Symptom Management**

Chairperson: Dr Sarah McLean

Keynote Speakers: Dr Michael Lucey, Dr Brenda O’Connor, Dr John Browne

Presentation and Discussion to include:
- The Difference Between Cancer and Non-Cancer Pain in Palliative Care (Michael Lucey)
- Cancer Fatigue (Brenda O’Connor)
- Interventional Techniques in the Management of Cancer Pain (John Browne)

Call for Papers Presenters:
- Lisa McGirr, Physiotherapy Manager, St Francis Hospice, Dublin, *An evaluation of the Exhale Programme: Exercise and education programme for patients with advanced lung disease in a palliative care setting*
- Jayne Demakos, Certified Harp Therapist, Music Specialist, *Therapeutic Harp and End of Life Care*

**Strand E – Ethical Decisions and Dilemmas**

Chairperson: Dr Faith Cranfield

Keynote Speaker: Prof David Smith

Presentation and Discussion to include:
- The ethics of Palliative Care and Euthanasia
- The principle of double effect
- The patient’s right to know
- Healthcare resources in palliative care
- When it comes to end of life care, do the values and beliefs of the patient and his / her family trump the obligation of the medical profession in order to end suffering?

**Strand F – The ‘tools’ necessary for weaving the Warp and Weft of spirituality in palliative care**

Chairperson: TBC

Keynote Speaker: Prof Wilfred McSherry

This scenario based workshop will enable participants to reflect upon practice situations exploring the ‘Warp and Weft’ of spirituality. In England, two National Audits have been undertaken exploring the provision of end of life care in acute hospitals. Findings reveal that the domain most inadequately addressed is assessing and meeting the religious, personal and spiritual needs of individuals. This is despite a proliferation in evidence spanning almost three decades highlighting the importance of this dimension for patient care. This workshop will explore possible reasons for these omissions and through reflection and discussion try to make sense of this very complex and subjective dimension. The workshop will also outline some practice based tools for integrating spirituality within palliative and end of life care.

13:00 | Lunch

14:00 | **Strand D – Advanced Symptom Management**  
**Strand E – Ethical Decisions and Dilemmas**  
**Strand F – The ‘tools’ necessary for weaving the Warp and Weft of spirituality in palliative care**

15:00 | Coffee Break  
**Opportunity to visit Poster Exhibition and Sponsors’ Stands**

15:15 | Summary of 3 Strands by Chairpersons

15:45 | **Weaving the Strands**  
Dr Regina McQuillan

16:30 | Closing
DR JOHN BROWNE
Consultant in Pain Medicine in the South Infirmary University Hospital, Cork University Hospital, and Marymount University Hospital & Hospice Cork.

John was instrumental in developing the Interventional Pain Unit in Marymount Hospice which is considered to be the first of its kind in Ireland. He has trained in Anaesthesia in Dublin before moving to London for five years where he did sub-specialist training in Pain Medicine in Kings College Hospital and St. Christopher’s Hospice. He was a Consultant in Kings College Hospital for four years before returning to Cork in 2003. His main area of interest is cancer pain and back pain. He works in close association with Palliative Care/ Oncology and Neurosurgery/Orthopaedic Surgery.

PROF PHILIP J LARKIN
Professor of Clinical Nursing (Palliative Care), UCd School of Nursing Midwifery and Health Systems and Our Lady’s Hospice & Care Services, Dublin.

Phil has worked in Palliative Care in Ireland since 1992. He is currently Chair and Professor of Clinical Nursing (Palliative Care) and Associate Dean, Taught Graduate Studies, UCd School of Nursing & Midwifery & Health Systems & Our Lady’s Hospice and Care Services in Dublin. Philip is President of the European Association of Palliative Care (EAPC) since 2015; he was Vice President 2003-2007 and Chair of All Ireland Institute of Hospice and Palliative Care (AIIIPC), 2013-2016. Philip received the Lifetime Achievement Award from Macmillan Cancer Support and the International Journal of Palliative Nursing in 2007. Philip was a Fulbright Scholar to the Dana Farber Cancer Institute in 2014 where he undertook research into compassion in palliative care.

DR MARY COSGRAVE
Consultant Psychiatrist in the Psychiatry of Old Age and Executive Clinical Director in North Dublin Mental Health Service

Mary qualified as a doctor in 1985 and obtained her MRCPsych in 1993. She undertook Higher Training in General Psychiatry and Psychiatry of Old Age, completing her MD thesis on “Clinical and Biological Correlates of Dementia in Down’s Syndrome”. She has been instrumental in setting up new psychiatric services in both Cavan/Monaghan and North Dublin Mental Health Service/Beaumont Hospital. Mary completed the MSC in Psychotherapy at St Vincent’s Hospital in 2003 and developed an interest in the holistic understanding of the dementia process and the application of psychoanalytic theories to the development and evolution of the dementia process. This led in turn to an interest in the role of music in dementia. She has worked with the “Hospice Friendly Hospitals” initiative, the “Palliative Care for ALL” group and with Alzheimer Europe on guidelines and policy documents. She has also been involved in several initiatives with the Alzheimer Society of Ireland.

DR MICHAEL LUCEY
Consultant in Palliative Medicine, Midfod Hospice and University Hospitals Limerick.

Michael is a Consultant in Palliative Medicine Midford Hospice and Limerick and HSE Mid-West Hospitals group. He is a graduate of University College Dublin (U.C.D) and has previously worked as a Consultant in North Dublin. In 2003 he completed an Executive MBA in U.C.D and has published and presented nationally and internationally. He is an expert in the areas of symptom control, healthcare management and systems analysis. He chaired and lead authored of the national guideline for the pharmacological management of cancer pain in adults published through the National Clinical Effectiveness Committee (NCEC 2015). He is currently completing a Senior Fellowship in Palliative Medicine with U.C.D and Trinity College in the areas of quality and performance management.

DR REGINA MCGUILLAN
Consultant in Palliative Medicine, St. Christopher Hospice and Beaumont Hospital Dublin.

Regina completed her general medical training at UCD and palliative medicine training in London and Cardiff, where she obtained a Diploma in Palliative Medicine. She is an honorary lecturer at the Royal College of Physicians in Palliative Care in Ireland and a member of the course committee for the MSC in Palliative Care at Trinity College Dublin. Regina obtained a MA (ethics) at the Mater Dei/DCU. She is a member of the National Advisory Committee on Bioethics and chairs clinical ethics committees in Beaumont Hospital. She is interested in access to palliative care and vulnerable groups and is facilitating research projects about the provision of palliative care for homeless people.

PROF WILFRED MCSHERY
Professor in Nursing, School of Health and Social Care, Staffordshire University and the University Hospitals of North Midlands NHS Trust; Part-time Professor of VIT University College, Bergen, Norway.

Wilf has had a career in nursing working as a Registered Nurse primarily within Acute Healthcare Services. He undertook research into the spiritual dimension developed alongside a realisation that this aspect of care was neglected and forgotten by some healthcare professionals. He has published several books and articles addressing different aspects of the spiritual dimension. He completed his doctoral studies at Leeds Metropolitan University in May 2005 researching “The meaning of spirituality and spiritual care: An investigation of healthcare professionals, patients and public’s perceptions”. Wilf is a founding and executive member of the World Nursing Federation for the Study of Spirituality (BASS) and a Principal Fellow of The Higher Education Academy. In 2012 he was made a Fellow of the Royal College of Nursing as an international contribution to nursing in the areas of spirituality and dignity. Wilf is currently leading a large European project titled Enhancing Nurses Competence in Providing Spiritual Care through Innovation Education and Compassionate Care (EPICC).

DEIRDRE NI CHINNEIDÉ
Psychotherapist/Spiritual Director/ Workshop Facilitator.

Deirdre divides her time between the Aran Islands and the mainland offering retreats, workshops and performances of Spiritual Music. The Aran Islands with its unique contribution to nursing in the areas of spirituality and spiritual beauty provides a special setting for her retreat work and was the place of inspiration for Celtic Passage, a CD of music and song exploring the heart, which Deirdre leads through music, reflection and prayer. She has recently released a CD of music and gentle chant to support threshold times which was especially written for use in palliative care.

DR BRENDA O’CONNOR
Consultant in Palliative Medicine, Northern Ireland Hospice.

Brenda is a member of the IAPC Research and Education Forum. She was the Chairperson of the Guideline group, that published the Management of Pain and Symptom Control in Palliative Care 2015. Her research interests also include the role of modern information technology in the clinical assessment of advanced cancer. She has completed her MD in Cancer-Related Fatigue.

PROF HENK SCHUT
Clinical psychologist and Associate Professor of Clinical Psychology at Utrecht University, The Netherlands.

Henk’s research interests cover professional training of health care providers and the efficacy of bereavement care and grief therapy. Henk works as a trainer for professionals in dealing with bereaved people and he supervises research of clinical psychologists. Henk is co-author of a number of scientific and professional articles and books. He is co-editor of Handbook of Bereavement Research (2001), Handbook of Bereavement Research and Practice: Advances in Theory and Intervention (2009), and Complicated Grief: Scientific Foundations for Health Care Professionals (2012).

PROF DAVID SMITH
Associate Professor of Health Care Ethics, RCSi and Director of MSc in Health Care Ethics and Law.

David lectures on Health Care Ethics in Trinity College Dublin, University College Dublin, and the Royal College of Physicians of Ireland. He is an Ethics Consultant to a number of Healthcare Systems in Ireland. He is a member of the National Advisory Committee on Bioethics Ethics, the Ethics Working Group of the Irish Association of Palliative Care Consultants, the advisory committee on Research Ethics Committees in Ireland, the Ethics Working Party of the European Forum for Good Clinical Practice, the European Network for Research Ethics Committees (EUREG) and is ethics advisor to Alcohol Culture.

PROF MARGARET STROEBE
Professor in Clinical Psychology, Utrecht University and Clinical Psychology and Experimental Psychopathology, University of Groningen, The Netherlands.

Margaret has specialized in the field of bereavement research for many years. With Henk Schut she developed the Dual Process Model of Coping with Bereavement in neurology. The book co-edited “Complicated Grief: Scientific Foundations for Health Care Professionals”. Her honors include an Honorary Doctorate from the University of Louvain-la-Neuve, Belgium, and the Scientific Research Award of the Dutch Association of Death Education and Counseling, U.S.A.
**St Francis Hospice Dublin**

*16th Kaleidoscope Conference – “Weaving the Strands of Palliative Care”*

*Wednesday 30th & Thursday 31st May 2018 - Croke Park Conference Centre*

Application Form (please print) – You can also register and pay online at www.sfh.ie/kaleidoscope-conference.

**Data Protection Agreement:**

- I agree for St Francis Hospice Dublin to keep my personal details on a database for the purpose of communicating with me about future educational events. I understand that I can request to be removed from the database at any time.
- I would not like to be contacted by St Francis Hospice Dublin about future educational events.

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**Day 1 – Wednesday 30th May 2018 (Choose ONE of A, B, C below)**

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<th>Strand A</th>
<th>Strand B</th>
<th>Strand C</th>
<th>Strand D</th>
<th>Strand E</th>
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<tr>
<td>Progressive Neurological Conditions</td>
<td>Bereavement and Loss</td>
<td>Palliative Care for the Person with Dementia</td>
<td>Advanced Symptom Management</td>
<td>Ethical Decisions and Dilemmas in Palliative Care</td>
<td>The ‘tools’ necessary for weaving the Warp and Weft of spirituality in palliative care</td>
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**Fees**

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<tr>
<td>PAID BY 30th March 2018</td>
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<td>€125</td>
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<tr>
<td>PAID AFTER 30th March 2018</td>
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<td>€175</td>
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**Payment Method**

- I am enclosing full payment by cheque or postal order, payable to St. Francis Hospice.
- I am paying by credit transfer to the St. Francis Hospice bank account (Bank of Ireland, Raheny, Dublin 5, Account Name: St. Francis Hospice, Account No. 95876821, Sort Code: 90 06 58)
- I wish to be invoiced. Send invoice to –

Name: ___________________________________________  Job Title: ___________________________________________
Email address: ___________________________________________

Please return the completed application form no later than Monday 14th May 2018 to:

Education Department, St. Francis Hospice, Station Road, Raheny, Dublin 5.
Tel: (01) 832 7535  Fax: (01) 832 7635  Email: education@sfh.ie  Web: www.sfh.ie

This form can be photocopied, or downloaded from our web site, if further copies are required.
St. Francis Hospice Dublin was founded in 1989, through the joint efforts of the Daughters of Charity, the Irish Hospice Foundation, and many others, including the community of North Dublin. The hospice provides specialist palliative care services to the people of North Dublin City and County. This care includes specialist inpatient care, hospice day care, outpatient services, care of patients and families in their own homes, and many additional services such as bereavement support, complementary therapies, and a diverse offering of educational programmes at our Centre for Continuing Studies.

When we look into a kaleidoscope, we see numerous colours and shapes joining together to form a beautiful mosaic. One slight turn of the wheel sends the individual pieces flying to another part of the screen, once again complementing each other to form a different, but equally beautiful mosaic picture. Each piece carries a certain brilliance of its own, but it is only as part of the overall design that the colours and shapes reach their full potential.

Kaleidoscope can serve as a metaphor for palliative care, where members of the multidisciplinary team come together in a myriad of ways, ever shifting to meet the needs of a particular patient, family, and circumstance. Each member of the team brings a unique set of skills and experiences, but only as part of the overall mosaic do the various team members truly come into their own.

The Kaleidoscope Conference, hosted by St. Francis Hospice Dublin, offers members of the Irish and international health care community an opportunity to explore issues related to palliative care. The overall theme for 2018 is “Weaving the Strands of Palliative Care”. Our speakers will explore six distinct strands, each of which represents part of the rich tapestry of palliative care. The topics presented will invite us to reflect on the nature of palliative care practice in different care settings and across the lifespan for diverse patient groups, from national and international perspectives and experiences.
Booking Details

Who should attend?
Anyone working in the healthcare environment, and anyone with an interest in palliative care or bereavement issues. This includes doctors, nurses, care staff, social workers, chaplains, allied health professionals, academics, researchers, administration staff, managers, and volunteers.

Is Kaleidoscope accredited for continuing professional development credits?
We have applied for Category One approval from the Nursing and Midwifery Board Ireland, CME credits from the Royal College of Physicians of Ireland and CPD accreditation from the Irish Association for Social Workers. If you require accreditation from a different source, please let us know and we will do our best to accommodate your request.

What will it cost?
Both Days €350 One Day Only €175

Early Bird Registration Fee
For registrations received and paid in full by Friday 30th March 2018, a reduced rate of €250 for two days or €125 for one day will apply.
Conference fee includes refreshments and lunch, and conference folder. This is a “paperless” conference; handout materials will be available electronically after the conference.

How do I apply?
You may apply and pay online at www.sfh.ie/education. Or you can send application form and fee to: Education Department, St. Francis Hospice, Station Road, Raheny, Dublin 5 or fax to (01) 832 7635 or e-mail to education@sfh.ie.

How do I pay?
Payment must be in Euro, and by cheque to St. Francis Hospice, or by credit transfer (Bank of Ireland, Raheny, Dublin 5, Account Name: St. Francis Hospice, Account No. 95876821, Sort Code: 90 06 58), or by credit card/debit card in our online registration. Please note that payment must be received before the conference. Payment at the early bird rate must be received by Friday 30th March 2018. After that date, the full rate will apply and a new invoice will be issued.

Cancellations Policy
Cancellations up to three weeks prior to the event will be given a full refund, minus an administration fee of €20. We regret that cancellations after this time cannot be refunded. Refunds for failure to attend the conference cannot be made, however substitute delegates will be accepted until 5:00 p.m. on Friday 25th May 2018.