



# ST FRANCIS HOSPICE DUBLIN

**16th Kaleidoscope Palliative Care  
Conference**

***“Weaving the Strands of  
Palliative Care”***

**A 2-day International  
Multidisciplinary Conference**



**Wednesday 30th & Thursday 31st  
May 2018**

**Croke Park Conference Centre  
Dublin, Ireland**

**Croke Park Conference Centre** offers modern, versatile facilities. Kaleidoscope will take place in the Hogan Mezzanine.

**Free car parking is available in the Davin Car Park** located off North Circular Road and accessed via St Margaret's Avenue.

For information about travelling to Croke Park, please see: [https://crokepark.ie/meetings-events/attending\\_](https://crokepark.ie/meetings-events/attending_).



**The Croke Park Hotel** is offering our delegates room rates of €189 single occupancy and €219 twin/double occupancy inclusive of full Irish breakfast, complimentary car parking and complimentary Wi-Fi.

The code for the book direct block is: **BOOK290518** and the rooms can be booked by directly calling the Reservations team on +353 1 871 4550 or email [crokepark@doylecollection.com](mailto:crokepark@doylecollection.com) and quoting the book direct code.

09:00	<b>Registration/Tea/Coffee</b>		
09:30	<b>Welcome</b>		
09:45	<b>The ‘Warp and the Weft’ of Spirituality in Palliative Care</b> <i>Prof Wilfred McSherry</i> The provision of high quality palliative and end of life care involves all those engaged in the patient’s journey and personal story being aware of the importance of the different strands physical, psychological, social and spiritual and the role they play in care. All these strands contribute to the mystery and magic of what it is to be a person and they have a significant impact upon the patient’s sense of self and worth. Interestingly, spirituality is often presented as a discrete part in models of palliative care but in reality, it permeates every dimension of the person in a unique and personal way. To neglect to engage with this dimension could potentially lead to violation of the patient’s dignity and sense of identity compromising the integrity of the caring, therapeutic relationship. This presentation will revisit contemporary definitions of spirituality to untangle, demystify the meaning delineating the ‘Warp and Weft’ of this dimension so that all providing holistic person-centred care can recognize spirituality in the fabric of people’s lives and weave this throughout the tapestry of palliative and end of life care.		
10:30	<b>Coffee Break</b> <i>Opportunity to visit Poster Exhibition and Sponsors’ Stands</i>		
11:00	<b>Strand A – Progressive Neurological Conditions</b> Chairperson: <i>Dr Deirdre Finnerty</i> Keynote Speaker: <i>Prof Dr Wolfgang Grisold</i> Presentation and Discussion to include: <ul style="list-style-type: none"> <li>• Palliative Care in Neurology : when, where, how long?</li> <li>• Can you prescribe palliative care ?</li> <li>• Different needs for different diseases</li> <li>• Personality issues: cognition, side effects, neurocognition and psychiatry</li> <li>• Carers</li> <li>• Environment, ethics and culture</li> </ul>	<b>Strand B – Bereavement and Loss</b> Chairperson: <i>Niamh Finucane</i> Keynote Speakers: <i>Henk Schut, Prof Margaret Stroebe</i> Presentation and Discussion to include: <ul style="list-style-type: none"> <li>• <b>Ways of Coping with Bereavement: From Stages to the Dual Process Model (Margaret Stroebe)</b>  <i>The discussion includes the relative usefulness of different scientific approaches to understanding how people adapt to their loss over the course of time, raising the critical question: (Why) do we need theories in practice?</i></li> <li>• <b>Research and Practice: Mind the Gap (Henk Schut)</b>  <i>This session will address the gap between scientific research and daily practice of grief counselling and grief therapy. Henk will present examples of missed chances of collaboration and mutual exchange and then discuss what he considers to be the unique value of such collaboration in improving the quality of care for bereaved people.</i></li> </ul>	<b>Strand C – Palliative Care for the Person with Dementia</b> Chairperson: <i>Una Molloy</i> Keynote Speaker: <i>Dr Mary Cosgrove</i> Presentation and Discussion to include: <ul style="list-style-type: none"> <li>• Symptom management</li> <li>• Challenging behaviours</li> <li>• The timing of conversations at the three main transitions, namely, diagnosis, long term care and end of life</li> <li>• This presentation will contextualise dementia and will utilise a case study approach to explore those issues /areas</li> </ul>
	Call for Papers Presenters: <ul style="list-style-type: none"> <li>• <b>Yvonne O’Meara</b>, Sen Med SW, Our Lady’s Hospice and Care Services, Dublin, <i>“It’s Eating Me Up from the Inside”: Motor Neurone Disease The Lived Experience</i></li> <li>• <b>Katie Rigg</b>, Nurse Specialist, Multiple System Atrophy Trust, London, <i>The Murky Mires, Stormy Seas and Alpine Ascents of MSA</i></li> <li>• <b>Dr Geraldine Foley</b>, Assistant Professor, Trinity College, Dublin, <i>How do patients and family in MND interrelate in the decision-making process? Reconfiguring the supportive relationship between palliative patients and their family caregivers</i></li> </ul>	Call for Papers Presenters: <ul style="list-style-type: none"> <li>• <b>Aileen Mulvihill</b>, Social Worker, Mayo Roscommon Palliative Care, <i>Development of bereavement support guidelines for specialist palliative care social workers in Ireland</i></li> <li>• <b>Irene Murphy</b>, Director of Bereavement and Family Support Services, Marymount University Hospital, <i>Developing guidance for bereavement care in palliative care services in Europe</i></li> <li>• <b>Orla Keegan</b>, Head of Education and Research, Irish Hospice Foundation, Dublin, <i>Changing the face of bereavement care – a standards framework for supporting bereaved children and young people</i></li> <li>• <b>Dr Tina McGrath</b>, Consultant Occupational Therapist, Peregrine OT Consultancy, <i>Green and dying: Exploring bereavement and loss as lived responses to abbreviated time</i></li> </ul>	Call for Papers Presenters: <ul style="list-style-type: none"> <li>• <b>Dr Clodagh Power</b>, Mercer’s Institute for Successful Ageing, Dublin, <i>End of life care planning and information handover amongst dementia patients awaiting long term care</i></li> <li>• <b>Martina Corrigan</b>, MA in Leadership and Pastoral Care, <i>Contemplating dementia care: Weaving threads of pastoral care on the loom of palliative care</i></li> </ul>
13:00	<b>Lunch</b>		
14:00	<b>Strand A – Progressive Neurological Conditions</b>	<b>Strand B – Bereavement and Loss</b>	<b>Strand C – Palliative Care for the Person with Dementia</b>
15:00	<b>Coffee Break</b> <i>Opportunity to visit Poster Exhibition and Sponsors’ Stands</i>		
15:15	<b>Summary of 3 Strands by Chairpersons</b>		
15:45	<b>Weaving the Strands</b> <i>Prof Phil Larkin</i>		
16:30	<b>Closing</b>		

09:00	<b>Registration/Tea/Coffee</b>		
09:30	<b>Welcome</b>		
09:45	<b>A Celtic Journey of the Heart: Turas thar An Tairseach ... Crossing the Threshold Home</b> <i>Deirdre Ni Chinneide</i> In the Celtic tradition, threshold times were seen as a significant opportunity to let go of the past and to step towards the new with great attention and presence to detail. Birth and Death, our entry and exit from the world, were marked as important doorways and ritual supported the journeyer and loved ones at these life changing times. The spirituality of Dying invites us to stop and reflect on ways to be fully present to the reality and gift of this passage. By exploring the spirituality of life and death from a Celtic tradition, we become aware of the gift and challenge of this time for ourselves and for those in our care, helping us to be fully present to the most natural reality of the seasons and journey of the heart.		
10:30	<b>Coffee Break</b> <i>Opportunity to visit Poster Exhibition and Sponsors' Stands</i>		
11:00	<b>Strand D – Advanced Symptom Management</b>  <b>Chairperson:</b> <i>Dr Sarah McLean</i>  <b>Keynote Speakers:</b> <i>Dr Michael Lucey, Dr Brenda O'Connor, Dr John Browne</i>  Presentation and Discussion to include: <ul style="list-style-type: none"> <li>• The Difference Between Cancer and Non-Cancer Pain in Palliative Care (Michael Lucey)</li> <li>• Cancer Fatigue (Brenda O'Connor)</li> <li>• Interventional Techniques in the Management of Cancer Pain (John Browne)</li> </ul> Call for Papers Presenters: <ul style="list-style-type: none"> <li>• <b>Lisa McGirr</b>, Physiotherapy Manager, St Francis Hospice, Dublin, <i>An evaluation of the Exhale Programme: Exercise and education programme for patients with advanced lung disease in a palliative care setting</i></li> <li>• <b>Jayne Demakos</b>, Certified Harp Therapist, Music Specialist, <i>Therapeutic Harp and End of Life Care</i></li> </ul>	<b>Strand E – Ethical Decisions and Dilemmas</b>  <b>Chairperson:</b> <i>Dr Faith Cranfield</i>  <b>Keynote Speaker:</b> <i>Prof David Smith</i>  Presentation and Discussion to include: <ul style="list-style-type: none"> <li>• The ethics of Palliative Care and Euthanasia</li> <li>• The principle of double effect</li> <li>• The patient's right to know</li> <li>• Healthcare resources in palliative care</li> <li>• When it comes to end of life care, do the values and beliefs of the patient and his / her family trump the obligation of the medical profession in order to end suffering?</li> </ul>	<b>Strand F – The 'tools' necessary for weaving the Warp and Weft of spirituality in palliative care</b>  <b>Chairperson:</b> <i>TBC</i>  <b>Keynote Speaker:</b> <i>Prof Wilfred McSherry</i>  This scenario based workshop will enable participants to reflect upon practice situations exploring the 'Warp and Weft' of spirituality. In England, two National Audits have been undertaken exploring the provision of end of life care in acute hospitals. Findings reveal that the domain most inadequately addressed is assessing and meeting the religious, personal and spiritual needs of individuals. This is despite a proliferation in evidence spanning almost three decades highlighting the importance of this dimension for patient care. This workshop will explore possible reasons for these omissions and through reflection and discussion try to make sense of this very complex and subjective dimension. The workshop will also outline some practice based tools for integrating spirituality within palliative and end of life care.
13:00	<b>Lunch</b>		
14:00	<b>Strand D – Advanced Symptom Management</b>	<b>Strand E – Ethical Decisions and Dilemmas</b>	<b>Strand F – The 'tools' necessary for weaving the Warp and Weft of spirituality in palliative care</b>
15:00	<b>Coffee Break</b> <i>Opportunity to visit Poster Exhibition and Sponsors' Stands</i>		
15:15	<b>Summary of 3 Strands by Chairpersons</b>		
15:45	<b>Weaving the Strands</b> <i>Dr Regina McQuillan</i>		
16:30	<b>Closing</b>		



## Presenter Profiles

### DR JOHN BROWNE

*Consultant in Pain Medicine in the South Infirmity University Hospital, Cork University Hospital, and Marymount University Hospital & Hospice Cork.*



John was instrumental in developing the Interventional Pain Unit in Marymount Hospice which is considered to be the first of its kind internationally. He trained in Anaesthesia in Dublin before moving to London for five years where he did subspecialist training in Pain Medicine in Kings College Hospital and St. Christopher's Hospice. He was a Consultant in Kings College Hospital for four years before returning to Cork in 2003. His areas of main interest are cancer pain and back pain. He works in close association with Palliative Care/Oncology and Neurosurgery/Orthopaedic Surgery.

### DR MARY COSGRAVE

*Consultant Psychiatrist in the Psychiatry of Old Age and Executive Clinical Director in North Dublin Mental Health Service*



Mary qualified as a doctor in 1985 and obtained her MRCPsych in 1993. She undertook Higher Training in General Psychiatry and Psychiatry of Old Age, completing her MD thesis on "Clinical and Biological Correlates of Dementia in Down's Syndrome". She has been instrumental in setting up new psychiatry of old age services in both Cavan/Monaghan and North Dublin Mental Health Service/Beaumont Hospital. Mary completed the MSc in Psychotherapy at St Vincent's Hospital in 2000 and developed an interest in the holistic understanding of the dementia process and the application of psychoanalytic theories to the development and evolution of the dementia process. This led in turn to an interest in the role of palliative care in dementia. She has worked with the "Hospice Friendly Hospitals" initiative, the "Palliative Care for All" group and with Alzheimer Europe on guidelines and policy documents. She has also been involved in several initiatives with the Alzheimer Society of Ireland.

### PROF DR WOLFGANG GRISOLD

*Specialist for Neurology and Psychiatry*



Wolfgang studied and works in Vienna, Austria. His special interests are neuromuscular disease and neurooncology, palliative care, advocacy and education in neurology. He was the founding editor of the EANO neurooncology magazine, and is the European co-editor of neurooncology practice. He serves as a reviewer for several international journals. He currently published 600 publications among them 4 books. He has written a book on "advocacy in neurology", which is in currently in press at OUP. At the local level he successfully implemented neurooncology training as a facultative part of neurology specialist training in Austria, and also as a multidisciplinary subspecialty of palliative care with neurological participation

in Austria. He is presently the secretary general of the World Federation of Neurology ([www.wfn.org](http://www.wfn.org)), and member of several WFN committees, and co-chairs the WFN education committee.

### PROF PHILIP J LARKIN

*Professor of Clinical Nursing (Palliative Care), UCD School of Nursing Midwifery and Health Systems and Our Lady's Hospice & Care Services, Dublin*



Phil has worked in Palliative Care in Ireland since 1992. He is currently Chair and Professor of Clinical Nursing (Palliative Care) and Associate Dean, Taught Graduate Studies, UCD School of Nursing & Midwifery and Health Systems & Our Lady's Hospice and Care Services in Dublin. Philip is President of the European Association of Palliative Care (EAPC) since 2015; he was Vice-President 2003-2007 and Chair of All Ireland Institute of Hospice and Palliative Care (AIHPC), 2013-2016. Philip received the Lifetime Achievement Award from Macmillan Cancer Support and the International Journal of Palliative Nursing in 2007. Philip was a Fulbright Scholar to the Dana Farber Cancer Institute in 2014 where he undertook research into compassion in palliative care.

### DR MICHAEL LUCEY

*Consultant in Palliative Medicine, Milford Hospice and University Hospitals Limerick*



Michael is a Consultant in Palliative Medicine Milford Hospice in Limerick and HSE Mid-West Hospitals group. He is a graduate of University College Dublin (U.C.D) and has previously worked as a Consultant in North Dublin. In 2003 he completed an Executive MBA in U.C.D and has published and presented nationally and internationally in the areas of symptom control, healthcare management and systems analysis. He chaired and lead authored of the national guideline for the pharmacological management of cancer pain in adults published through the National Clinical Effectiveness Committee (NCEC 2015). He is currently completing a Senior Fellowship in Palliative Medicine with U.C.D and Trinity College in the areas of quality and performance management.

### DR REGINA MCQUILLAN

*Consultant in Palliative Medicine, St Francis Hospice and Beaumont Hospital*



Regina completed her general medical training at UCD and palliative medicine training in London and Cardiff, where she obtained a Diploma in Palliative Medicine. She is an honorary lecturer at the Royal College of Surgeons in Ireland and a member of the course committee for the MSc in Palliative Care at Trinity College

Dublin. Regina obtained a MA (ethics) at the Mater Dei/DCU. She is a member of the National Advisory Committee on Bioethics and chairs clinical ethics committees in Beaumont Hospital. She is interested in access to palliative care and vulnerable groups and is facilitating research projects about the provision of palliative care for homeless people.

### PROF WILFRED MCSHERRY

*Professor in Nursing, School of Health and Social Care, Staffordshire University and the University Hospitals of North Midlands NHS Trust; Part-time Professor at VID University College, Bergen, Norway*



Wilf has had a career in nursing working as a Registered Nurse primarily within Acute Hospital Care. His interest in the spiritual dimension developed alongside a realisation that this aspect of care was neglected and forgotten by some healthcare professionals. He has published several books and articles addressing different aspects of the spiritual dimension. He completed his doctoral studies at Leeds Metropolitan University in May 2005 researching 'The meaning of spirituality and spiritual care: An investigation of healthcare professionals, patients and public's perceptions'. Wilf is a founding and executive member of the British Association for The Study of Spirituality (BASS) and a Principal Fellow of The Higher Education Academy. In 2012 he was made a Fellow of the Royal College of Nursing for his unique contribution to nursing in the areas of spirituality and dignity. Wilf is currently leading a large European project titled Enhancing Nurses Competence in Providing Spiritual Care through Innovation Education and Compassionate Care (EPICC).

### DEIRDRE NI CHINNEIDI

*Psychotherapist/Spiritual Director/ Workshop Facilitator*



Deirdre divides her time between the Aran Islands and the mainland offering retreats, workshops and performances of Spiritual Music. The Aran Islands with its unique history, culture and natural beauty provides a special setting for her retreat work and was the place of inspiration for Celtic Passage, a CD of music and song exploring a journey of the heart, which Deirdre leads through music, reflection and prayer. She has recently released a CD of music and gentle chant to support threshold times which was especially written for use in palliative care.

### DR BRENDA O'CONNOR

*Consultant in Palliative Medicine, Northern Ireland Hospice.*



Brenda is a member of the IAPC Research and Education Forum. She was the Chairperson of the Guideline group, that published the Management of Constipation in Adults receiving Palliative Care 2015. Her research interests also include the role of

modern information technology in the clinical assessment of advanced cancer. She has completed her MD in Cancer-Related Fatigue.

### PROF HENK SCHUT

*Clinical psychologist and Associate Professor of Clinical Psychology at Utrecht University, The Netherlands.*



Henk's research interests cover processes of coping with loss and the efficacy of bereavement care and grief therapy. Henk works as a trainer for professionals in dealing with bereaved people and he supervises research of clinical psychologists. Henk is coauthor of a number of scientific and professional articles and books. He is co-editor of Handbook of Bereavement Research (2001), Handbook of Bereavement Research and Practice: Advances in Theory and Intervention (2009), and Complicated Grief: Scientific Foundations for Health Care Professionals (2012).

### PROF DAVID SMITH

*Associate Professor of Health Care Ethics, RCSI and Director of MSc in Health Care Ethics and Law*



David lectures on Health Care Ethics in Trinity College Dublin, University College Dublin, and the Royal College of Physicians of Ireland. He is an Ethics Consultant to a number of Healthcare Systems in Ireland. He is a member of the National Advisory Committee on Bioethics Ethics, the Ethics Working Group of the Irish Association of Palliative Care Consultants, the advisory committee on Research Ethics Committees in Ireland, the Ethics Working Party of the European Forum for Good Clinical Practice, the European Network for Research Ethics Committees (EUREC) and is ethical advisor to Atomium Culture.

### PROF MARGARET STROEBE

*Professor in Clinical Psychology, Utrecht University and Clinical Psychology and Experimental Psychopathology, University of Groningen, The Netherlands*

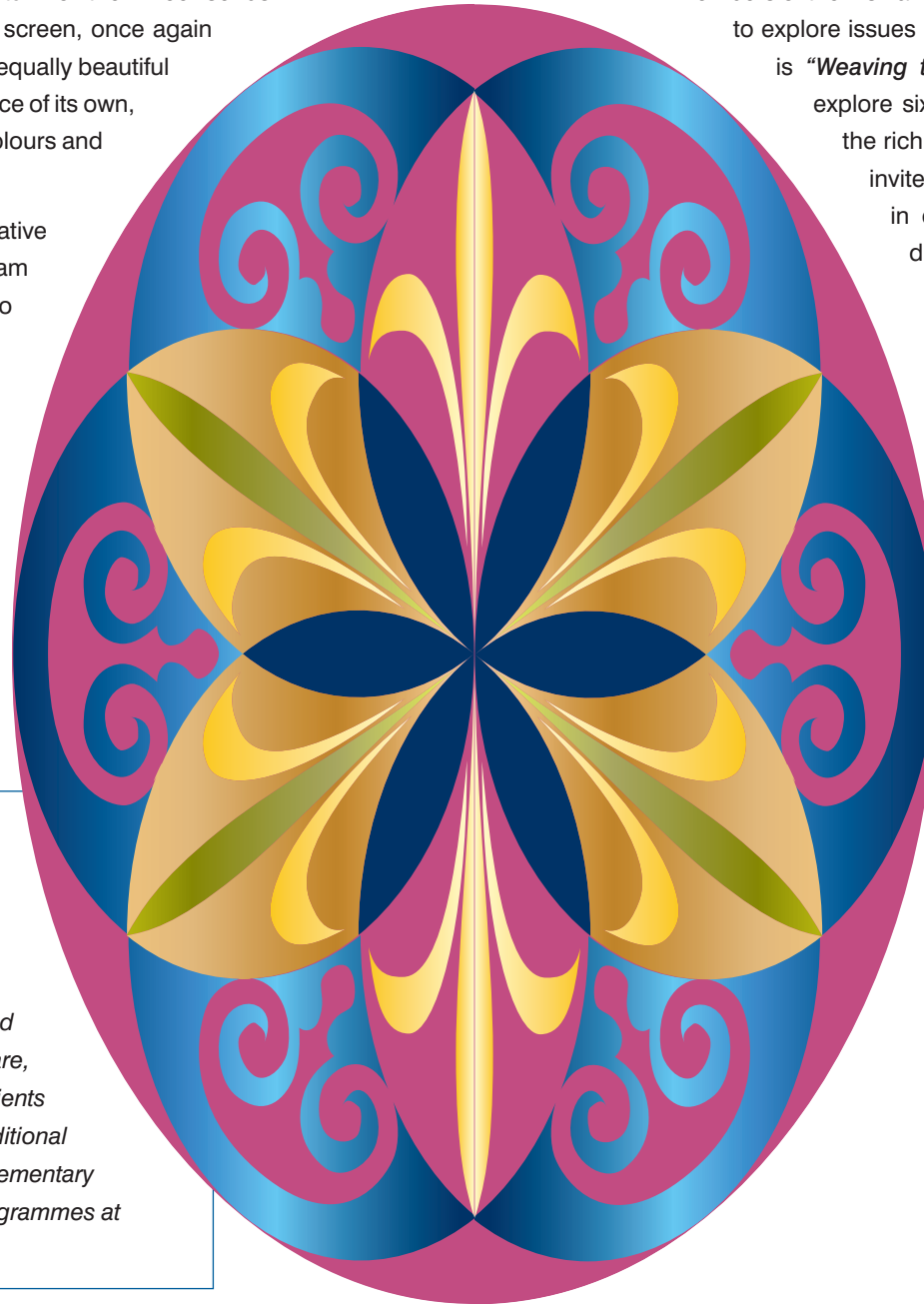


Margaret has specialized in the field of bereavement research for many years. With Henk Schut she developed the Dual Process Model of Coping with Bereavement. She has co-edited "Complicated Grief: Scientific Foundations for Health Care Professionals". Her honors include an Honorary Doctorate from the University of Louvain-la-Neuve, Belgium, and the Scientific Research Award of the American Association of Death Education and Counseling, U.S.A.

When we look into a kaleidoscope, we see numerous colours and shapes joining together to form a beautiful mosaic. One slight turn of the wheel sends the individual pieces flying to another part of the screen, once again complementing each other to form a different, but equally beautiful mosaic picture. Each piece carries a certain brilliance of its own, but it is only as part of the overall design that the colours and shapes reach their full potential.

Kaleidoscope can serve as a metaphor for palliative care, where members of the multidisciplinary team come together in a myriad of ways, ever shifting to meet the needs of a particular patient, family, and circumstance. Each member of the team brings a unique set of skills and experiences, but only as part of the overall mosaic do the various team members truly come into their own.

*St. Francis Hospice Dublin was founded in 1989, through the joint efforts of the Daughters of Charity, the Irish Hospice Foundation, and many others, including the community of North Dublin. The hospice provides specialist palliative care services to the people of North Dublin City and County. This care includes specialist inpatient care, hospice day care, outpatient services, care of patients and families in their own homes, and many additional services such as bereavement support, complementary therapies, and a diverse offering of educational programmes at our Centre for Continuing Studies.*



The *Kaleidoscope* Conference, hosted by St. Francis Hospice Dublin, offers members of the Irish and international health care community an opportunity to explore issues related to palliative care. The overall theme for 2018 is *"Weaving the Strands of Palliative Care"*. Our speakers will explore six distinct strands, each of which represents part of the rich tapestry of palliative care. The topics presented will invite us to reflect on the nature of palliative care practice in different care settings and across the lifespan for diverse patient groups, from national and international perspectives and experiences.

**Contact Details:**  
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St. Francis Hospice Dublin,  
Station Road, Raheny,  
Dublin 5, IRELAND

Tel: +353 (01) 832 7535  
Fax: +353 (01) 832 7635

E-mail: [education@sfh.ie](mailto:education@sfh.ie)  
Web site: [www.sfh.ie](http://www.sfh.ie)

## Booking Details

### Who should attend?

Anyone working in the healthcare environment, and anyone with an interest in palliative care or bereavement issues. This includes doctors, nurses, care staff, social workers, chaplains, allied health professionals, academics, researchers, administration staff, managers, and volunteers.

### Is Kaleidoscope accredited for continuing professional development credits?

We have applied for Category One approval from the Nursing and Midwifery Board Ireland, CME credits from the Royal College of Physicians of Ireland and CPD accreditation from the Irish Association for Social Workers. If you require accreditation from a different source, please let us know and we will do our best to accommodate your request.

### What will it cost?

Both Days €350      One Day Only €175

### Early Bird Registration Fee

For registrations received and **paid in full** by Friday 30th March 2018, a reduced rate of €250 for two days or €125 for one day will apply.

Conference fee includes refreshments and lunch, and conference folder. This is a “paperless” conference; handout materials will be available electronically after the conference.

### How do I apply?

You may apply and pay online at [www.sfh.ie/education](http://www.sfh.ie/education). Or you can send application form and fee to: Education Department, St. Francis Hospice, Station Road, Raheny, Dublin 5 or fax to (01) 832 7635 or e-mail to [education@sfh.ie](mailto:education@sfh.ie).

### How do I pay?

Payment must be in Euro, and by cheque to St. Francis Hospice, or by credit transfer (Bank of Ireland, Raheny, Dublin 5, Account Name: St. Francis Hospice, Account No. 95876821, Sort Code: 90 06 58), or by credit card/debit card in our online registration. ***Please note that payment must be received before the conference. Payment at the early bird rate must be received by Friday 30th March 2018. After that date, the full rate will apply and a new invoice will be issued.***

### Cancellations Policy

Cancellations up to three weeks prior to the event will be given a full refund, minus an administration fee of €20. We regret that cancellations after this time cannot be refunded. Refunds for failure to attend the conference cannot be made, however substitute delegates will be accepted until 5:00 p.m. on Friday 25th May 2018.