

# Introduction to Palliative Care

*"I am very happy with  
the course. Looking  
forward to putting into  
practice what I  
learned."*

**Dates:**

**Day 1 - Pain & Symptom  
Management**

- Wed 11th March 2020

**Day 2 - Psychosocial &  
Spiritual**

- Wednesday 18th March  
2020

**Time: 09.30-17.00 hrs**

**Fee: €100 each day**

**Venue: Centre for  
Continuing Studies,  
St. Francis Hospice,  
RAHENY**

**Accreditation from NMBI  
and IASW.**

**CENTRE FOR  
CONTINUING  
STUDIES,  
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This course is for all interdisciplinary team members with an interest in developing their understanding and awareness of palliative care. It will examine the physical, social, spiritual and emotional aspects of caring for palliative care patients and their families. Members of the St Francis Hospice interdisciplinary team will deliver the course.

Registration can be for both days or one day only.

The content will include:

Day 1 (Symptom Management):

- the principles and philosophy of palliative care
- pain assessment and management
- symptom management (nausea and vomiting, breathlessness, agitation, restlessness and death rattle)
- recognising dying

Day 2 (Psychosocial Issues):

- communication
- psychosocial care
- grief and loss
- spiritual care
- ethical considerations at end of life
- interdisciplinary teamwork

